



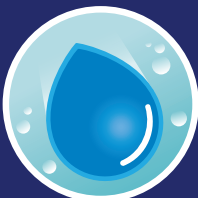
FIGHT the BITE

**PROTECT YOURSELF.
PROTECT YOUR FAMILY.**



PRACTICE THE 4Ds

DRAIN



Drain items that collect standing water around your home or business

DEFEND



Defend yourself by using insect repellent containing DEET

DAWN TO DUSK



Be especially aware during the peak hours around dusk and dawn

DRESS



Dress for the outdoors with long sleeves and pants and shoes



LakeCounty

Health Department and
Community Health Center

www.FightTheBiteNow.com