

HIGHLAND MIDDLE SCHOOL PROUDLY INTRODUCES...



WHAT IS TEXT-A-TIP?

TEXT-A-TIP IS A 24/7 ANONYMOUS TEXT CRISIS HOTLINE OFFERING EMOTIONAL SUPPORT FOR MIDDLE SCHOOL AND HIGH SCHOOL YOUTH. THE HOTLINE UTILIZES NON-DISTRICT 70, LOCAL FULLY LICENSED MENTAL HEALTH PROFESSIONALS FROM OUR COMMUNITY TO HELP OUR STUDENTS THROUGH A CRISIS AND DIRECT THEM TO RESOURCES AVAILABLE.

POSSIBLE REASONS ONE WOULD CONTACT TEXT-A-TIP:

- ❖ DEPRESSION
- ❖ ANXIETY
- ❖ CONCERNS OF BULLYING
- ❖ DIFFICULT FAMILY SITUATIONS
- ❖ SUICIDAL THOUGHTS / IDEATIONS

HOW DO I CONTACT TEXT-A-TIP?

TEXT "LAKECO" TO 1-844-823-5323

